



## REGULATION – EVENT INFO

### ART 1. ORGANIZING COMMITTEE

Sport PRO-MOTION A.S.D. organize the 1<sup>st</sup> HOKA ONE ONE Ultra Trail Lago Maggiore on 18<sup>th</sup> – 19<sup>th</sup> September 2021.

Organizing Committee (further OC):

Sport PRO-MOTION A.S.D.

Via Maurizio Muller, 37 - 28921 Verbania Intra (VB), Italy - Tel +39.0323.919.861

UTLM@pro-motion.it - www.UTLM.it

### ART 2. REGISTRATION OFFICE

Registration managed by SDAM – Sport Data Management S.r.l.; enquires about registration:

E-mail: UTLM@sdam.it

### ART 3. ELIGIBILITY

Based on current Italian Law for participation at sport events (D.M. 18.02.1982 tab. B) all UTLM races are open to everyone 18 years old, on SAT 18<sup>th</sup> September 2021, holding an agonistic sport medical certificate (template on [www.UTLM.it](http://www.UTLM.it)). For the 81K race we advise to have completed at least one TRAIL race of 50K with 2500 meters of positive elevation gain.

Every participants must be:

- Well trained, holding strong self-autonomy in a mountain environment, able to eventually face weather conditions, which could become difficult. Alpine environment conditions can change fast and drastically and this is an aspect that can't be underestimated; therefore participants must be able to face extreme weather conditions as intense cold/hot, snow or rain, strong wind etc.
- Able to manage eventual physical/psychological problems connected to high level of tiredness, stomach problems, muscular/articular pain, small wounds, starvation/dehydration feeling etc.
- Conscious that the OC role is not helping or assisting participants to manage his/her race.

### ART 4. RESPONSIBILITY DECLARATION

UTLM is organized by Sport PRO-MOTION A.S.D. For insurance requirements every participant will be automatically affiliated to a promotional sport club for the race day (SAT September 18<sup>th</sup> 2021 / SAT 18<sup>th</sup> and SUN 19<sup>th</sup> for the only 81K race).

Every participants, by registering at races part of the 1<sup>st</sup> HOKA ONE ONE Ultra Trail Lago Maggiore on 18<sup>th</sup> – 19<sup>th</sup> September 2021, conscious of penalties for false declaration (Italian law art. 26 l. 15/68 and art. 489 c.p. and art. 2 - law 04/01/1968 n° 15 as modified with art. 3 comma 10 - law 15/05/1997 n° 127), hereby declare:

“To accept and fully acknowledge regulation of the event, to be aware that participating at mountain sport races, especially mountain running (TRAIL), is a potential risk activity if not well trained and in good physical condition or if not well equipped for morphological and weather condition typical of alpine environment; to be conscious that all participants must be 18 years old on race day and hold a sport agonistic medical certificate valid on race date.

To enter the race consciously assuming full responsibility for all risks arising from participation as falls, contacts with vehicles, other participants, spectators, extreme weather conditions including extreme heat/cold, traffic and road/ mountain trails conditions and any type of risk known and evaluated by myself. Being conscious of the above declaration, considering the acceptance of my registration I, for myself and on behalf of anyone else, I fully arise the OC, Sport PRO-MOTION A.S.D., promoters, city councils Verbania, Mergozzo, San Bernardino Verbano, Cossogno, Intragna, Aurano, Oggebbio, Cannero, Ghiffa, la Regione Piemonte, il Parco Nazionale Valgrande, Province of Verbano Cusio Ossola, Piedmont Region, all Partners, their representatives, successors, officers, directors, members, agents and employees of entities mentioned above, from all present and future claims for liability of any kind, known or unknown, consequential to my participation at the event”.

### ART 5. PRIVACY POLICY – IMAGE RIGHTS

Participation in the Event determines the processing of the participants' personal data for the purposes and modes described in the Privacy Policy. By registering for the Event, the participant confirms to have read the Organizer's Privacy Policy published on [www.UTLM.it](http://www.UTLM.it)

### ART 6. SEMI-AUTONOMY

**During the race it is forbidden to be accompanied/assisted by a non-enrolled person. Assistance allowed ONLY nearby refreshments points (100 m before/after); penalty is an immediate disqualification.**

Semi autonomy is intended as the capacity of self-autonomy between two refreshment points, not only regarding food/beverage but also about equipment and safety to be able to face problems like bad weather, physical problems, injuries, etc.

Participants have to ensure, when leaving each refreshment point, to carry a sufficient amount of water and food to reach next refreshment point.

### ART 7. COURSE MODIFICATION - CANCELLATION

**In case of bad weather the races' course may be modified; in base of safety conditions the OC will value the possibility to race on alternative course.**

UTLM's races are semi-autonomy events held in a mountain environment, with Alpine style passages along the course of 81K (Pizzo Marona and Monte Zeda). In order to guarantee safety for all participants, staff and public the OC has the right to modify the courses at any time, modify time limit gates or in extreme cases to cancel the event. Eventual modifications/cancellation can happen before the race start or during it; participants will be immediately informed about every modification by email, website or directly by the staff along the course.

### ART 8. ENVIRONMENT RESPECT

**ATTENTION! Considering that the race takes place into a natural protected area (Val Grande National Park) is strictly forbidden to throw waste along the course; penalty is an immediate disqualification in addition to fines applied by local laws.**

Every participant must respect the magnificent and uncontaminated environment surrounding all UTLM races. It will be possible to throw waste ONLY near refreshments points where litter holder will be available.

#### **ART 9. EVENT PROGRAMME**

**Time modification can be possible due to organizational reasons.**

**TECHNICAL BRIEFING - FRI 17.09** (Event Centre "Il Maggiore" Verbania )

ore 04:00 PM

Briefing in English

ore 05:00 PM

Briefing in Italian

**RACE START - SAT 18.09** (START/FINISH AREA Event Centre "Il Maggiore" Verbania )

**81K 04.00 AM**

**37K 07.00 AM**

#### **ART 10. ITRA/UTMB POINTS**

Following ITRA/UTMB qualifying points are assigned as indicated below:

**81K 4 Points**

**37K 2 Points**

#### **ART 11. EQUIPMENT**

**Safety first! TRAIL races are subject to uncertain weather conditions, a key factor that cannot be underestimated. For this reason, the OC will perform equipment checks at START and during the race; anyone missing items inside compulsory equipment list, or denying the control, will be immediately disqualified.**

**In case of good weather conditions, compulsory equipment can be modified; eventual changes will be communicated during the technical briefing.**

##### **UTLM 81K**

###### **COMPULSORY**

- Backpack or backpack + pouch with enough space for whole mandatory equipment
- GPS watch with GPX tracks uploaded (free download on [www.UTLM.it](http://www.UTLM.it))
- Cell phone: save the emergency numbers of the OC (indicated on BIB number), be sure to have network also in Switzerland. No hidden number and 100% charged battery
- Tracker Gps (provided by OC)
- TRAIL running shoes
- Portable plastic glass 15 Cl minimum capacity
- Water bottles or hydration pack (camelback style) with at least 1 Lt capacity
- Headlamp with extra battery pack
- Survival blanket
- Whistle
- Elastic strap for medical dressing or strapping (min 100cm X 6cm)
- Food reserve
- Long pants or ¾ pants + long socks to cover entire leg
- Waterproof/windproof jacket (GORETEX style) with hood. Jacket must be suitable for bad weather condition (cold, wind, rain, snow)
- Spare warm microfiber long sleeve jersey
- Hat or head/neck band (Buff style) to cover all head
- Gloves

###### **RECCOMENDED**

- Extra warm cloths
- Waterproof pants cover
- Poles
- Sunglasses and sun cream
- Pocket money
- Basic First AID KIT
- GPS watch with GPX tracks uploaded (free download on [www.UTLM.it](http://www.UTLM.it))

##### **UTLM 37K**

###### **COMPULSORY**

- Backpack or backpack + pouch with enough space for whole mandatory equipment
- Cell phone: save the emergency numbers of the OC (indicated on BIB number), be sure to have network also in Switzerland. No hidden number and 100% charged battery
- TRAIL running shoes
- Portable plastic glass 15 Cl minimum capacity
- Water bottles or hydration pack (camelback style) with at least 1 Lt capacity
- Survival blanket
- Whistle
- Elastic strap for medical dressing or strapping (minimum 100cm X 6cm)
- Food reserve
- Waterproof/windproof jacket (GORETEX style) with hood. The jacket must be suitable for bad weather condition (cold, wind, rain, snow)
- Hat or head/neck band (Buff style) to cover all head

###### **RECCOMENDED**

- Long pants or ¾ pants + long socks to cover entire leg
- Spare warm microfiber long sleeve jersey
- Gloves
- Extra warm cloths
- Waterproof pants cover
- Poles
- Sunglasses and sun cream
- Pocket money
- Basic First AID KIT
- GPS watch with GPX tracks uploaded ( free download on [www.UTLM.it](http://www.UTLM.it))

## ART 12. COURSE – CHECK POINTS

If you don't see a "UTLM" course sign for 300 meters, come back!

In full respect of UTLM philosophy, to avoid erosion of the wonderful region hosting us, it is absolutely forbidden to exit the race trails.

UTLM races are inside a mountain environment with a long part into Valgrande National Park; the courses are entirely on mountain trails or gravel road with a few sections on tarmac. Along 81K course there are few passages slightly exposed where fixed rope style and Emergency Staff.

Every participant must rigorously follow the course indicated by signs, tape and reflective bands where the use of headlamp is needed. It is strictly forbidden to follow different paths; the penalty is an immediate disqualification.

Random checkpoints will be along the course; staff members will check participants passage and conformity of their mandatory equipment; any athlete refusing the control will be immediately disqualified.

## ART 13. REGISTRATION

Registration may close any time by OC decision.

MAX N° Participants:	Distance	N° MAX
	81K	1000
	37K	500

## ENTRY FEES

RACE	SLOT	01 - 200	SLOT	201 - 1000	UTLM VILLAGE
81K	€ 90		€ 100		€120 (Only FRI 24/09)
RACE	SLOT	01 - 100	SLOT	101 - 500	UTLM VILLAGE
37K	€ 40		€ 50		€70 (24-25/09)

## SERVICES INCLUDED

Customized BIB	Chip	Showers	Medical Assistance	GPS Tracker (81K)
Official Gadget UTLM	Medal	Changing Rooms	Finisher Certificate	Third Parts Insurance
Guarded Bag Deposit	Technical Briefing	Refreshments Points	Chrono Timing	Finish Massage
WC	Cloths Deposit Bag	GPS Tracks		

## REGISTRATION OPTIONS

On bank transfer description, it is mandatory to specify name of the athlete/athletes and selected race (ex: Rick Dare / 81K).

We do not accept registrations with incomplete information, missing entry fee or required agonistic medical certificate.

## ON-LINE

BY: 14<sup>th</sup> September 2021 by 12.00pm

Directly on [www.UTLM.it](http://www.UTLM.it) with easy, fast and secure system.

Registration and payment by credit card or PAYPAL (commission applied).

## E-MAIL

BY: 05<sup>th</sup> September 2021

Sending by e-mail to [UTLM@sdam.it](mailto:UTLM@sdam.it):

- Registration Form fulfilled/undersigned
- Agonistic Medical Certificate (download template on [www.UTLM.it](http://www.UTLM.it))
- Payment Receipt: Bank Transfer to Sport PRO-MOTION A.S.D. - Banca Intesa Sanpaolo ag. Baveno (VB), Italy  
IBAN: IT 65 U030 6945 1611 0000 0000 774 – SWIFT/BIC Code: BCITITMMXXX – (participants must cover commission fees).

## UTLM VILLAGE

17<sup>th</sup>-18<sup>th</sup> September 2021 (only cash payments and except 81K race)

In person providing:

- Registration Form fulfilled/undersigned
- Agonistic Medical Certificate (download template on [www.UTLM.it](http://www.UTLM.it))

## ART 14. CONFIRMATION LETTER

The confirmation letter will be available on [www.UTLM.it](http://www.UTLM.it) from September 13<sup>th</sup> 2021 and is the only document necessary to collect BIB numbers.

Registrations can be verified on [www.UTLM.it](http://www.UTLM.it).

## ART 15. BIB NUMBER COLLECTION - RACE KIT - DELEGATION

From 13<sup>th</sup> September 2021 every participant must download "CONFIRMATION LETTER" and keep it into his mobile device.

BIB Number pick up which will be delivered only to the registered athletes by showing an ID card and the "CONFIRMATION LETTER"; no BIB replacement is available in case of loss.

BIB number are necessary to benefit services dedicated to participants, including eventual lifts transportation on race-day. Every participant must save the OC emergency number indicated on BIB front side; participants has to indicate, on BIB backside, a name and mobile number to contact in case of emergency.

BIB are strictly personal with no possibility to transfer it to a third person. It is responsibility of each participant to visibly endorse their BIB on frontal body part and it is forbidden to modify BIB numbers. Anyone running without or modified BIB number will be disqualified and persecuted by sport and law authorities.

## BIB number and race kit 37K can be collected at:

UTLM Village - c/o Centro Eventi "Il Maggiore" Verbania (VB) - Italy

FRI 17.09.2021 09:00 AM – 08:00 PM

SAT 18.09.2020 05:00 AM - 06:45 AM

## Ritiro Pettorale 81K:

UTLM Village - c/o Centro Eventi "Il Maggiore" Verbania (VB) - Italy

VEN 17.09.2021 09:00 AM – 08:00 PM

## DELEGATION

Only on FRI July 17<sup>th</sup> it will be possible to delegate a third person to pick-up BIB numbers; the appointed person must provide:

- Confirmation Letter undersigned by delegating person + Delegation (attached to Confirmation Letter)
- ID copy (Passport or ID) of delegating person.

#### **ART 16. ENTRY FEE REFUND - DISTANCE CHANGE**

**There will NOT be possibility to change selected distance.**

Entry fees for the 1<sup>st</sup> HOKA ONE ONE Ultra Trail Lago Maggiore are not refundable; including cancellation or postponement for major forces not directly referable to the O.C. including revocation of event authorization by local authorities.

In case of cancellation of the event there will be no refunds but the OC will evaluate the transfer of registration fees to next edition.

#### **ART 17. TIMING – CHIP - GPS TRACKER**

**GPS tracker and CHIP are used to verify both race time and safety as it shows participants transition along the course.**

**For the GPS tracker, included service for 81K, it is required a 50,00 euro deposit refunded after the race.**

Race timing will be done using CHIP technology with race time and intermediate timing points. Participants not detected at timing points will be immediately disqualified; CHIP and GPS tracker are strictly personal with no possibility to transfer it to a third person, it is participant responsibility to wear them as shown in the instructions. Anyone running without CHIP, or exchanged CHIP, will be disqualified and persecuted by sport and law authorities.

#### **ART 18. TIMING BARRIERS – MAXIMUM TIME**

**Participants passing timing barriers after maximum time limit will be officially out the race and not anymore under the OC responsibility.**

Timing barriers can be checked on “ROAD BOOK” available on [www.UTLM.it](http://www.UTLM.it); timing barriers are calculated to monitor participant’s position due to safety reasons and are calculated considering necessary time to finish the race within maximum time allowed. In case of bad weather conditions, or to ensure participants safety, the OC has the right to modify the timing barriers.

81K MAX Time 27:00h

37K MAX Time 12:00h

#### **ART 19. DISQUALIFICATION**

Course marshals/officials will verify full respect of race regulations by all participants and in case of irregularity, they will disqualify the offender. It is also possible that the OC verifies irregularities after the race using images/video delivered to the OC.

The Race Director can order an immediate disqualification for following infractions:

Absence items part of the Mandatory Equipment
Check Point Control Refusal
Missing assistance/help to other participants
Non-respect of given instruction by Race Director, staff member, Race Doctor or rescuer
Waste abandoning by participants or their assistants
Time barrier reached out of MAX Time
No-show at check point along the course
Non-respectful behaviour to a member of the OC or other participants
Support along the race course by non-registered person
Use of lifts or any other transports during the race
Assistance received out of allowed range of 100 meters before/after refreshments points
BIB number/CHIP exchange

#### **ART 20. CLAIMS**

Only written claims will be considered; claims must be signed by participants and presented not later than 06:00pm on SUN 18<sup>th</sup> September 2021 including a deposit of 200,00€ which won't be refund in case of claim refusal. The claims' jury in charge is composed by: Race director – Safety Manager – Course Marshalls.

The jury can deliberate, without right of appeal, after all verifications made after the event using static and/or moving footage.

#### **ART 21. WITHDRAWAL**

**Participants pulling out from the race must keep their BIB number to access all race areas, including free transport by Withdrawal Bus.**

In case of withdrawal, participants must reach the closest refreshment/checkpoint and communicate their decision to OC who will nullify the BIB number and give assistance by indicating the easiest way to reach Verbania.

Participants pulling out without notify immediately the OC, will be charged of potential expenses needed to activate the Alpine Rescue Service alerted in case of false alarm.

#### **ART 22. SAFETY – MEDICAL ASSISTANCE**

**Rescue points will be set-up along the course with dedicated staff and vehicles connected to the OC. Physical and health conditions will be check and in case are not considered adequate there could be temporary or definitive stop without any right of appeal.**

Medical staff along the course guarantee assistance only in case of serious problems; therefore, we advise every participant to carry a basic self-medications set for small bounds or blisters, which do not need medical assistance.

Injured athletes can alert the OC at check/refreshment points, by calling the numbers indicated on the BIB or by asking help to other participants. Every participant must provide assistance to others in difficulties; otherwise, the penalty will be a disqualification for rescue omission.

In case of emergency, by exclusive decision of the OC, the Alpine Rescue Service will be alerted and will manage operations by using anything necessary including eventual support from the helicopter. In case of helicopter assistance and if considered appropriate, some or all the expenses for this operation can be charged to the participant as indicated by the Region Piedmont (Italy) laws.

#### **ART 23. INSURANCE**

**Every participant must own a personal medical insurance valid in Italy; insurance must cover injuries and Alpine Rescue Operations including the eventual helicopter assistance.**

The OC subscribe a third part responsibility insurance for the event. Taking part to the race is under total responsibility of participants who waive any complaint against the OC in case of any damage not directly referable to OC. When registering participants signs a liability waiver by the “Responsibility declaration” (Art 4).

The OC suggest a subscription of an insurance offered by ITRA (International Trail Running Association - <https://itra.run>) who offers a very convenient daily (race day only) or annual insurance.

#### **ART 24. ROAD BOOK – COURSE MAP – GPS TRACKS**

Road Book, course map, elevation and GPS traces are available and downloadable free on [www.UTLM.it](http://www.UTLM.it).

#### **ART 25. REFRESHMENTS**

To reduce environment impact there will not be plastic glasses at refreshments points, every participants must carry a portable glass or similar recipient; the OC provides only liquids to fill up glasses, water bottles or hydration packs.

There will be two kinds of products available:

**Drinks:** still water, hot tea, isotonic drinks, Coca Cola and hot soup.

**Food:** fresh fruit (watermelon, bananas, oranges, apples), dry fruits, biscuits, chocolate, salted snacks, cheese, salami and bread.

To see the exact position of refreshments points refer to "Road Book" on [www.UTLM.it](http://www.UTLM.it).

#### **ART 26. POST-RACE MEAL**

Every participant can benefit a free meal after the race by showing the voucher at UTLM Village Pasta Party. Accompanying person can buy meals at a promotional price.

#### **ART 27. CHANGING ROOM - SHOWERS - WC**

**Changing rooms are not supervised; the OC denies any liability for lost, damaged or stolen items.**

Changing rooms, and WC and showers, are available at UTLM Village. WC are also in some refreshment points or in existing buildings (see details on "Road Book" [www.UTLM.it](http://www.UTLM.it)).

#### **ART 28. CLOTHS DEPOSIT BAG**

Every participant will receive a deposit bag and a sticker to apply on it. There will be a bag deposit at the UTLM Village where participants can deliver, based on their BIB number, their bag which can be recollected after the race.

#### **ART 29. RANKING - PRIZES**

**It's not possible to require the award any moment different than these shown below.**

Ranking and certificates will be available on [www.UTLM.it](http://www.UTLM.it).

The Award Ceremony will take place at the Start/Finish Area (UTLM Village) with the following timetable:

#### **SAT 18<sup>th</sup> 03:00pm**

37K First 5 Men/Women General Ranking

#### **SAT 18<sup>th</sup> 05:00pm**

81K First 10 Men/Women General Ranking

#### **ART 30. PARKING AREAS**

SAT 18<sup>th</sup> SUN 19<sup>th</sup> September 2021 cars' PAY parking will be free of charge for all participants by placing on car window the bottom part of the Bib Number envelop with the sign "P".

#### **ART 31. HOSPITALITY**

On [www.UTLM.it](http://www.UTLM.it) will be listed all accommodation option for the UTLM weekend.

Official Travel Agency:

Verbano BOOKING

Tel +39.0323.922.917 - Fax +39.0323.922.303

[maratona@verbanoevents.com](mailto:maratona@verbanoevents.com) - [www.verbanobooking.it](http://www.verbanobooking.it)

#### **ART 32. PHOTO AND VIDEO**

All participant can see and download their pictures and video of the event on [www.UTLM.it](http://www.UTLM.it).

#### **ART 33. HOW TO REACH US**

##### **PLANE:**

International Milan Malpensa Airport distant about 50 Km.

[www.sea-aeroportoimilano.it](http://www.sea-aeroportoimilano.it)

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##### **BUS:**

Shuttle BUS Airport Milan Malpensa – Verbania (booking requested)

<https://www.safduemila.com/linee/alibus-malpensa-lago-maggiore/>

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##### **CAR:**

Highway A8 dei Laghi with link to A26/E62 direction "Sempione" exit: VERBANIA

[www.autostrade.it](http://www.autostrade.it)

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##### **TRAIN:**

Direct connection from Milan, Turin, Geneva and Zurich. Train stop "Verbania".

[www.fsitaliane.it](http://www.fsitaliane.it)

BUS Line Verbania Train Station – Verbania

<http://www.vcotrasporti.it/it/orari.php>